



# GYC Spring 2024 Newsletter



Georgian Yacht Club – Owen Sound

## In This Issue

Vice Commodore Report	2
2024 AGM Photos	3
Property and Buildings	5
Mooring	5
Social Committee	6
Wednesday Night Racing	6
White Cloud	7
Gas Dock and Safety	7
Membership	8
Launch and Haulout	8
Planning Committee	9
Webmaster Tips	10
Sharing Trip Reports/Web Posts	10
Treasurers Report	11
The Tradition of Sailpast	12
Concussion Awareness	13
Contacts for GYC Operations	14
GYC Calendar of Events 2023	15
Committee Member List	16



## Mark Your Calendars Important Dates for 2024\*

June 15 Sailpast  
June 16 Sailpast Race  
Aug 31 to Sept 2 – Commodore Away  
Sept 21 Commodore at Home  
Oct 25-26 Haulout

## Commodore Spring 2024 Report

Summer is on its way, and we are gearing up for an exciting season of boating. This year at the Georgian Yacht Club we have the largest turnover of board members that I can recall. We have six new and six returning board members. For the past two years the board has been very busy re-drafting the article, by laws and policies and procedures. This was done to comply with provincial legislation, and it took a huge amount of time and effort.

Special thanks to past Commodore Becky Middlebrook who has put in an unbelievable amount of time and effort to get this all in place. Special thanks to Paul Middlebrook who was the chair of the By-law Committee, and the members, all of whom met regularly over the last two years.

Georgian Yacht Club is now in compliance with the current Provincial legislation, and we now have by-laws for governance and policies and procedure for running the club. For the first time we now have a complete blueprint for the running of the club, organized in an easy format.

The new board, at present, is organizing and planning the next 2 years which include both new and old ideas.

Sail past is Saturday June 15, at 1300 hours to be followed by socializing, dinner and entertainment. All members are encouraged to attend this annual event. There will be a "Meet and Greet" and information day in June for new members. Please watch for e-mails confirming details.

We had a successful work day May 11, and got many dock lowered and a good clean up at the club.

We are considering a new old idea, which is having a Commodore away dinner on the Labour Day weekend. Two of our new board members are children of long time Georgian Yacht Club members and they speak fondly of this Commodore away party at White Cloud Island. Details to follow and feedback on the idea is appreciated.

We would like to increase communication throughout the club as Covid has limited the social side of membership. Getting to know each other and have some fun at a hobby we love is important. Could everyone please upload their picture on the Website so we can better recognize each other? We will also be adding spouse e-mail addresses, and they will be receiving notices of social activities. I have been told some of our members do not always share their e-mail with their significant other.

*Commodore Report, Cont'd.*

We are so blessed at the Georgian Yacht Club; I challenge anyone to find a comparable Yacht Club with our facilities at our price point. The annual member fees for all services are what other boaters pay just for winter storage. Our club is "The Deal of the Century" however it comes with the condition that in fairness all members are expected to volunteer to keep fees low and allow for a reserve fund for emergencies.

We need EVERYONE'S participation! Please feel free to recommend improvements and activities. Ideally that that also leads to actively volunteering for those committees to ensure the club is a positive membership.

Let's all enjoy a safe and fun boating season!

*-Mike Forcier, Commodore*

## Vice Commodore Report

Another boating season has arrived, and some of our club plans for this year are already complete (Dock lowering/ clean-up day). For those of you that are new members or don't know me, I have been a member for 9 years, the past 6 have been served on the board. This summer I am looking forward to 2 weeks travelling counterclockwise around the Bay, with my wife, 2 boys, and some fellow GYC members.

With a major turnover of the board, covid boating, and with all the policy and procedures requirements behind us, the new board has thrown out a bunch of ideas in hopes of increasing the "fun" social aspects of the club. This year we will have a new caterer as well as live music at Sail Past. Mark your calendars for June 15 (hopefully a calm/sunny day), with the skippers meeting at 1:00pm. If a member is unable to attend traditional protocol is to speak with the Commodore if you will be absent.

Another highlight this summer would be to see the turn out that I have only seen in historical photos: Come on out to White Cloud Island on Labour Day weekend for Commodore Away. After all, we are a

boating club and I would like to see people using their boats, not just storing them.

Our slips are full again this summer, and docks have been adjusted for current water level conditions. As I switch roles from the property committee to more of an administrative role, I want to thank my volunteers for their time and hard work around the club.

During the past 6 years we have installed 11 floating docks, 5 fixed docks, and installed numerous cement blocks to deal with the high water cresting the walls. We also adjusted everything that "cooperated" up to the maximum heights for high water and now this year sent them back down again, the docks that cooperated anyways. A new washroom facility, clubhouse deck referb, and a gazebo have also been completed over the past couple years.

Once again thanks to those of you that volunteered your time.

See you on the water.

*Chris Haslam, Vice Commodore/Secretary*



*White Cloud gathering, 2023 – Chris Haslam*



## 2024 AGM Meeting

This was a very consequential Annual General Meeting for the GYC. There was a large turnover on the Board, the new Articles and ByLaws were approved, and a new Commodore took office. The approval of the Articles and ByLaws was the culmination of years of work by the people on the Ad Hoc By Laws Committee, Paul Middlebrook, Chair; Brad Findlay, John Gilbert, Paul Weitendorf, Mike Forcier, Vicky Findlay, Paul Beattie & Becky Middlebrook. Numerous information sessions and discussions paved the way for the unanimous approval of the new GYC documents.

The extensive new Policies and Procedures were developed and written by all the Directors on the outgoing board. Doug Edgar, Suza Sarnecki, Trevor Stokes and Becky Middlebrook worked on formatting and archiving them, after John Gilbert had proofread them from a legal perspective.

These new Policies and Procedures are extensive and evolving, and everyone should occasionally take a look at them on the website at

<https://www.georgianyachtclub.com/committee-policies-and-procedures>

For the first time, the club has documentation of the work of its Committees, and a resource for all present and future Committee members, making clear how their Committee works and what its policies and procedures are.

Six new Board members were installed, Kurtis Mink (Launch and Haulout), Sarah Fenton (Membership), Menno Harmsen (Property and Building), John Gilbert (Social), Murray Arnold (Gas Dock and Safety), and Jason Lehtovaara (Planning).

Retiring Board members were recognized: Mark Vincent (Launch and Haulout), Paul Weitendorf (Social), Katherine Barton (Membership), Stephen Rouse (Fuel Dock and Safety), Brent MacKinnon (Planning).

Mike Forcier was welcomed as the new Commodore, Chris Haslam as the Vice Commodore, and Joseph Hardin as the (all-important) Acting Rear Commodore.



*Chris Haslam - Vice Commodore and Secretary*



*AGM Meeting Attendees - Paul Middlebrook explains the Articles and ByLaws for the Members before the vote.*



*Katherine Barton  
- for service on the Board*



*Steve Rouse  
- for service on the Board*





*Mark Vincent - for service on the Board*



*Paul Weitendorf – for service on the Board*



*Joseph Hardin - Rear Commodore*



*New Board Members -John, (Becky), Jason, Menno, Murray, Kurtis, and Sarah*



*Becky Middlebrok – for service as Past Commodore*



*Brent MacKinnon  
-for service on the board*



*Mike Forcier - Commodore*



*John Griffith - Sid Turner Award Recipient  
The Sid Turner award also went to Riley Gamble.*

## Property and Building Report

Dear fellow GYC members,

I'm excited to start my term as the Property & Building director. Marjorie and I have been a GYC member since 2017 and have enjoyed the club and it's members very much. I have been sailing since I was a little tyke growing up in the Netherlands and also here in Canada. For the last decade we are enjoying our little Trawler named Vrouwe Morgan. Having recently retired, I decided to be a little bit more active in helping out with the running of the club. We just finished the spring work/clean up day and I was very encouraged to see many volunteers come out to help out. I will soon compile an online "Job Jar" which I will publish on the Property & Building page of our website as soon as I have mastered the editing process. Please feel free to tackle some of the jobs and let me know when you do.

We are planning to spend a lot of time on our boat this summer so if you see us around, please feel free to come and say hi.

Happy boating season, Menno.

*- Menno Harmsen, Property and Building Director*

### **Have YOU volunteered yet?**

**Volunteering is an important part of your membership responsibilities.**

Contact any of the directors to find out how you can help.

**Not sure which committee you are currently signed up to help with? See the committee listing at the end of this newsletter.**

## Mooring Report

Hello fellow Members of the Georgian Yacht Club!

The Mooring Committee met frequently over the winter to complete a number of dock moves and new dock assignments to ensure our basins are full of boats this season.

We also completed our policies and procedures to comply with the Ontario Not-for-profit Corporations Act. In the past, Mooring Committees have always ensured our most valuable assets (our docks) are shared fairly. But now, with the mooring policies and procedures the Committee has a guidebook for keeping this same standard of fairness and transparency into the future. I invite all Members to look up the new mooring policies and procedures on the Club's website and get familiar with how they apply to you.



Over the winter did you come down with a case of two-foot-itis? I would like to remind any members that are in the market to buy a larger boat, that right now, we do not have room to accommodate additional larger boats in the Club. If you're thinking about getting a bigger boat please take a look at the Dock Request List posted on the Mooring Committee page on the website where you will find a healthy backlog of Members looking for bigger slips. Some have been waiting since 2018! There is no guarantee your new boat will fit on your current dock and you may need to find accommodations outside the Club while you wait.

Respectfully Submitted,

*-John Griffith, Mooring Director*

## Social Committee

### Sailpast

Our next task is planning for Sailpast, and we are scrambling to try and find a suitable caterer. Anne and Mike Choma have served us so very well, for all the years I have been a member, but sadly for the rest of us, they have retired from their catering work following last year's Sailpast.

Sailpast is Jun. 15th. Dinner will be catered by Chef Andy (who did Commodore at Home last year), plus we have added musical entertainment in the Picnic shelter after the dinner, by Doug Downie & Brian Tannahill.

The Sailpast dinner will be more this year, given that we no longer have the Choma's providing dinner at a greatly discounted price. We will be charging \$30 for Chef Andy to provide us with a BBQ dinner.

### Regular Annual Events

I have also set up a schedule to plan and prepare for our regular seasonal events. Attached is a draft initial spreadsheet of the presently anticipated events.

### Survey - Interests - New Events

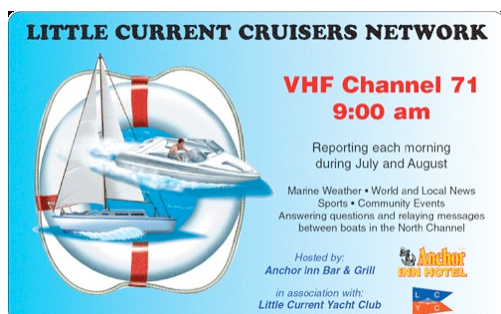
As you likely recall, not that long ago Paul had Trevor circulate a Survey to all our Members, seeking to see what types of events and occasions our fellow boaters would like us to look into. The responses were plentiful and encouraging, Our Committee will be diving into these wants and asks, to see what we can put together.

To quote our new Commodore, we "just want to have fun," whatever that looks like.

Comments, suggestions, and yes, even criticisms (constructive, that is) are welcome and encouraged.

Cheers,  
John

*-John Gilbert, Social Committee*



## Wednesday Night Racing

### Attention Sailors

It won't be long until the sailing season is underway. Hopefully you are planning to get involved in sailboat racing. It's plenty of fun and a great way to improve your sailing while getting to know fellow club members!

If you aren't sure about racing your own boat, there are other boats that need crew. Contact Paul Weitendorf or Dan Jones if you are looking for a boat to crew on or if you want to start racing your own boat.

Two years ago, the fleet adopted pursuit racing. What is pursuit racing? Rather than all starting at the same time, individual boats started at times established by their handicap ratings so that, all things being equal, all the boats should finish together. It made for some exciting races, especially at the finish line.

In addition to or regular Wednesday night races, the club hopes to re-establish some PHRF handicap races.

*-Paul Weitendorf*





## White Cloud



Hello Members of The Georgian Yacht Club,

Did you know that since 1962 the Georgian Yacht Club has owned a property on White Cloud Island for Members to use for camping and picnicking? It is a mostly tree covered piece of land approximately one acre in size that slopes toward the shoreline of Kidd Bay.

It is not unusual for yacht clubs across Canada to maintain one or many destination "Outstations" away from their home base. These Outstations can be anything from wholly owned island properties to just small portions of a dock system shared with other boating organizations. Some yacht clubs maintain a network of Outstations within their cruising area.

I like to fantasize a distant future where our Club expands our footprint with multiple outstations across all Georgian Bay. Imagine proudly flying your burgee while pulling up to a dock pinned to an island just off the Small Craft Route somewhere North of Parry Sound... or grabbing a mooring buoy in a protected bay for a night on your way to Little Current.

Until then... let's continue to enjoy our very own Kidd Bay Outstation.

Cheers,  
John

*-John Griffith, White Cloud Ad-hoc*



## Gas Dock & Safety

I am pleased to inform you that our Gas Dock opened for the season on Saturday, May 11th.

### Hours:

Sat: 8:00 am- 12:00pm

Wed: 4:00 pm - 8:00pm

Fri: 4:00pm - 8:00pm.

Charles Edgar is back as our knowledgeable attendant. Please remember to specify gas or diesel on arrival and Charlie will likely ask once again as a verification, so please don't be surprised. Captains, please have an idea of how much fuel you will want/need, this will assist Charlie in his work.

As in the past, payment for fuel will be by cheque or e-transfer.

Access Cards and burgees are for sale as well. These can be cash or e-transfer as well but will be a separate transaction.

The Pump-out is ready now. Please remember to flush the line after use and to shut off the pump.

Finally, for the fuel pump, please do not use the Emergency Stop button unless it is a true emergency! Power to the pump battery is affected, you may hear a low hum with the gas dock closed, however this is normal.

If you have any concerns, please contact a member of the Gas Dock & Safety Committee.

*-Murray Arnold -, Gas Dock & Safety Director*



## Membership Update

Hi GYC'ers

New to the board this year, and will be heading up Membership. I am working on some ideas for onboarding our newest members. I look forward to working with the other committees to roll out the full welcome wagon experience here at the GYC. Especially looking forward to collaborating on projects and improving our databases to further develop member involvement.

I have been in the club for sometime, but can often feel like a castaway out on the point of the south basin next to the new gazebo! I am an avid dog lover, I have 2 labradors Dolly and Reba who will likely be very excited to meet you too! We love to fish, vacation at White Cloud Island, and hang out next to the fire pit in the south basin aka "the swamp." I am very lucky to be a 3rd generation member, and afforded the opportunity to access some of the best boating and fishing in the world!

I'd like to thank Katherine Barton for the excellent job as Chairperson of GYC Membership. Filling her shoes in such an important role will be no easy task! Can't wait to get this season started and see all of the new and exciting ideas everyone will bring to the table. Looking forward to a great season for 2024!

Sarah Fenton ~ Wet Willy

*-Sarah Fenton -, Membership Director*

*"There is nothing, absolutely nothing, half so much worth doing as simply messing about in boats." – Kenneth Grahame*



### Membership Report:

There are currently 144 Members & 32 Associates. We currently have 4 awaiting a slip from the 'A List,' 2 of which are full Members, and 7 on the 'B List.' We also have a full membership (to the B List) pending.

**To anyone looking to sponsor a new member**, please make sure to email [membership@georgianyachtclub.com](mailto:membership@georgianyachtclub.com) when you post the application to the board, or send me the application directly so that it is dealt with promptly.



## Launch and Haulout

Launch went well this year, 70 boats launched 40 cradles stowed and no damage or injuries.

Special thanks to all that assisted especially crane captains Mark Vincent, Jason Payne, Lori Rossignol and Dave Reitzel and to Ken Hearty and Larry McCartney for leading the charge on cradle storage.

We are investigating if there are more boats that can be lifted with the small crane and if an alternate lift in date may be an option. 2 of the 5 spots behind the clubhouse have already been reserved for next winter.

Kurtis Mink

*-Kurtis Mink – Launch and Haulout Director*



## Planning Committee

I sure hope you are having a great start to the 2024 boating season!!!

My name is Jason Lehtovaara and I live here in Owen Sound with my wife Sarah, daughter Siobhan and our dog Bruno. We also have a son Ira living in Tiverton who frequently visits our boat Jigs & Reels in the West Basin.

I am pleased to be your Planning Committee Director for preparing club projects and outlining our strategic planning at GYC.

As you know our club has recently prepared several policies and procedures that define how we operate as a club. The planning Committee is no exception and we now have a detailed procedure for planning and approving various projects for GYC. We are typically the first committee to review a project in detail and are responsible for presenting it to the Board of Directors for approval, schedule and budget forecast.

Recently many of you completed a survey related to a self-assessment of your dock and I want to share the results with you:

- 90 members completed the survey (82 electronically and 8 paper submissions) WOW!
- When members graded the condition of their dock the ratings ranged from 3.1 to 3.8 out of 5 (this is marginal or acceptable – indicates we can improve conditions)
- 56 members have made some sort of improvement or modification to their own dock to improve substandard conditions
- 26 members have stated that they are dissatisfied with their docks, some specifics stand out from multiple members
- 9 members acknowledge that the dock has reached the end of life

- 2 members offered modifications to make their dock safer

- 5 members have significant concerns with stability of their floating docks

- 10 members are supportive of future needs and considerations being incorporated into design of the basins. Our future “footprint” will be different than what we have today.

From the results of this simple survey, it is clear that many members are dissatisfied with the docks at GYC and want to take steps to improve the condition and incorporate future needs of the club in the solution. The club want a call to action to develop the strategy which is a top priority for the Planning Committee.

Looking forward to working with all of you.

Jason

*-Jason Lehtovaara – Planning Committee Director*



## Webmaster – Member Tips

### Adding Spouses to Committees and Email Notifications:

If your spouse wants to serve on a committee and wants to receive email from the committee's director or chairperson, you can enter their email address in your profile's "Spouse Email" field. Then ask Membership or Webmaster to add them to the committee. They will then receive emails from the committee's director or chairperson. Everyone is in the To: field. You can reply all and see others' replies. This is not new. It's been around since last year. But it doesn't mean that the spouse received the emails that communications sent.

But now, independent of the above, it's possible for a member to subscribe their spouse or partner to the club's general email list. To do this, the logged in member just has to navigate to Members > My GYC > MY PROFILE. At the bottom, after all the familiar stuff about your contact information, your boat, and the list of committees you serve on, you'll find a form to subscribe your spouse. Simply enter their email address and hit subscribe. They will receive an email with a confirmation link. Your spouse will learn about all the happenings in the club without relying on you, the member, telling them.

Oh - while you are there, viewing your profile, check if everything is correct. Some you can change yourself. For boat and committee changes, please contact mooring or membership.

**On the subject of committees**, and who serves on which: It's always been possible for a member to view their own profile to see which committees they serve on. And you can click on any committee and see the list of members on that committee. But there was no easy way to see all of the committees a given member served on. Now that information has been added to the member detail. That's the pop-up that appears when you click on any member's name.

**If you look at your own profile and see a message in red saying you don't serve on any committees, contact Membership or the Webmaster to get that corrected. We all checked a number of committees when we joined the club.**

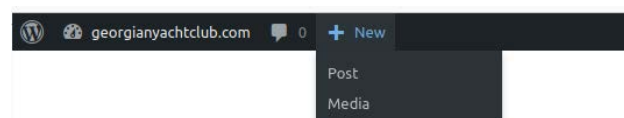
## Share Your Trip Reports



### Share your story - How to post a Trip report

There is a new menu entry on the GYC website: "Trip Reports". You can put up your short or long note about a trip you've been on, or one you're planning.

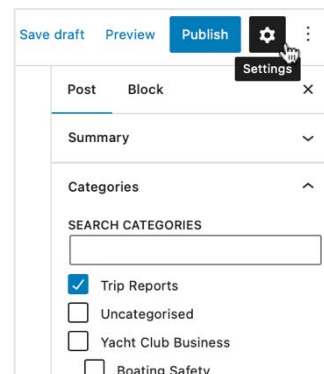
1. Sign in to the GYC Website
2. Look for the + sign on the top menu bar
3. Click on that + and choose Post.



You'll then find yourself in the editor. Paste (or type) your report in and paste (or choose) photos you'd like to add.

After adding text and/or photos go over to the Categories choice in the menu on the right and click the Trip Report box.

That's it. Preview your entry if you like (click on the Preview button at the top) or just Publish it by clicking on the Publish button at the top.



If there is any material you'd like only club members to see, use the Read More tag. Trevor has a short note on how to do that below.

OR, just send us your notes or story and we'll put them up, no problem. Then others can benefit from your experiences.

[communications@georgianyachtclub.com](mailto:communications@georgianyachtclub.com)

## Treasurers Report

The 2023 financial report from King and Associates as well as the 2024 budget have been posted on the website. Please take some time to review both these documents as this reflects the working of the club for last year and moving forward for this year.

The board continues to put resources toward improving and maintaining the club and services to members. There has been a great deal of work done around the club, and we are always reviewing improvements and maintenance requirements to respond to member's needs.

With the spring launch just around the corner I would like to remind members if you are planning any future changes to your launch, haul or storage, this should be communicated to Brian MacIntosh at [invoicing@georgianyachtclub.com](mailto:invoicing@georgianyachtclub.com). Brian spends a great deal of time keeping our data base up to date. The more that members can help with this process the easier it is for everyone.

Another reminder about fuel purchases. The same as last year, payment for fuel purchases can be made by cheque payable to the GYC or e-transfer to [treasurer@georgianyachtclub.com](mailto:treasurer@georgianyachtclub.com).

If you are also purchasing a \$5-dollar key card or \$25-dollar burgee, please do not combine multiple purchases into one cheque or e-transfer as each is accounted separately (e.g., purchasing a key card and fuel). You can also pay cash for the key cards and burgees.



The treasure committee has been busy over the last several months. Our work has included an update to the policies and procedures of the club to align with our new by laws as well as a new billing process for mooring. Although the mooring formula of length plus width has served us well, we had many discussions about moving to a system that would make mooring more equitable within the club. We will be moving to a length time width system for the 2025 mooring fees.

As an example of 3 boats in the club:

Boat A. 41 feet long by 15 feet wide. With our current mooring formula length plus width is 56 times our current schedule C mooring rate of 5 dollars = 280 dollars. Under our new formula of square feet, 41 times 15 is 615 times a suggested rate of 56 cents = 344.40 dollars.

Boat B. 34 feet long by 12 feet wide. With our current mooring formula length plus width is 46 times our current schedule C mooring rate of 5 dollars = \$230. Under our new formula of square feet, 34 time 12 is 408 times a suggested rate of 56 cents =228.48 dollars.

Boat C. 24 feet long by 7 feet wide. With our current mooring formula length plus with is 31 times our current schedule C mooring rate of 5 dollars = times 5 = \$155 dollars. Under our new formula of square feet 24 times 7 is 168 times a suggested rate of 56 cents 94.08 dollars.

This funding formula is designed to make mooring income to the GYC neutral in total dollars to the club, but members with larger boats will be paying a larger portion of the mooring cost and members with smaller boats will see a reduction. Total income to the club in the above example is 665 dollars under the old formula and 667 with the new.

If you have any questions or concerns, please feel free to contact myself, Peter Struthers. My email is



treasurer@georgianyachtclub.com and phone number is 519-881-6638.

### Join us on June 15, 2024 - GYC Sailpast

The Sailpast tradition began at the first Yacht Club that was formed at Cowes in England nearly 200 years ago. The membership at Cowes was primarily aristocratic and many were familiar with naval practice and tradition. Cowes Yacht Club subsequently changed its name to the Royal Yacht Squadron and certain social graces were added to the traditional naval practices.

The actual “review of the fleet” is steeped in more than 600 years of Royal Navy tradition and history and was introduced in Yacht clubs as a continuation of the naval habit of having Admirals (and/or Royalty) review the fleet on special occasions.



Protocol demanded that a flagship be anchored with the Admiral and staff on the quarterdeck to receive and return the salute. Vessels sailed past, dipping their colours in salute, and with their captain also saluting with the ship's company standing at attention. The Vice Admiral would lead the fleet passing in review and the final vessel in the line would carry the Rear Admiral.

Our Yacht Club tradition is almost identical, except that the salute is received by the Commodore instead of the Admiral and the salute is delivered by the passing boat, if under sail, by luffing its jib, or, if under power, by dipping its ensign. All of the crew on the saluting boat stands at attention facing the Commodore, who is the only one to salute by hand. If there is insufficient wind, sailboats should have their engines on.

Protocol dictates that until the Sailpast is completed, only the flagship may be dressed (strung with bunting and flags). However, after the Sailpast, participating yachts are encouraged to dress on returning to their dock.

By precedent, Sailpast is a formal event that officially opens the boating season. The Navy and many yacht clubs also follow the Sailpast with a “Blessing of the Fleet”, a long-standing European tradition, first practiced in Portugal, of seeking divine providence to those who labored or ventured on the sea to assure good harvest, safe passage and safe return. At IYC the Sailpast is accompanied by dressing the clubhouse and flagpole and a formal raising of the national flag, accompanied by a cannon salute. The ceremony is followed by a reception on the lawn.

Like most boating activities, Sailpast is somewhat weather dependent. We all hope for a bright sunny day, calm seas and just enough wind to propel the boats around the course in an orderly fashion. But Mother Nature does not always cooperate. In that case a sailor's ingenuity comes into play. Tradition dictates that all club members



participate in the Sailpast, on their own or on another member's yacht. Good manners require that a member unable to participate will send his/her regrets to the Commodore

- Sadness

## Boaters: Recognize Symptoms of a Concussion

Almost every boater has had their 'bell rung' by the boom or other boating equipment. This hazard puts boaters at risk of concussions. Every boater should know what the symptoms of a concussion look like.

A person with a concussion might have any of the signs or symptoms listed below. They might show up right away or hours, or even days later. Just one sign or symptom is enough to suspect a concussion. Most people with a concussion **do not** lose consciousness.

### Common signs and symptoms

#### Physical

- Headache
- Pressure in the head
- Dizziness
- Nausea or vomiting
- Blurred vision
- Sensitivity to light or sound
- Ringing in the ears
- Balance problems
- Tired or low energy
- Drowsiness
- "Don't feel right"

#### Sleep-related

- Sleeping more or less than usual
- Having a hard time falling asleep

#### Cognitive (Thinking)

- Not thinking clearly
- Slower thinking
- Feeling confused
- Problems concentrating
- Problems remembering

#### Emotional

- Irritability (easily upset or angered)
- Depression



### Red Flags

"Red flags" may mean the person has a more serious injury. Treat red flags as an emergency and call 911.

#### Red flags include:

- Neck pain or tenderness
- Double vision
- Weakness or tingling in arms or legs
- Severe or increasing headache
- Seizure or convulsion
- Loss of consciousness (knocked out)
- Vomiting more than once
- Increasingly restless, agitated or aggressive
- Getting more and more confused

### What to do if you suspect a concussion

Follow these three steps if you — or someone you know — experiences a blow to the head, face, neck or body and you suspect a concussion. Call 911 if you are concerned the injury is life-threatening, such as the person is unconscious or they had a seizure.

1. Recognize signs and symptoms of a concussion and remove yourself or the athlete from the sport/physical activity, even if you feel OK or they insist they are OK.
2. Get yourself or the athlete checked out by a physician or nurse practitioner.
3. Support gradual return to school and sport.

These resources are not intended to provide medical advice relating to health care. For advice on health care for concussion symptoms, please consult with a physician

**For more information on Concussion Awareness Resources go to:**

<https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>

## GYC Contacts

Committee	Name	Phone	Email
<b>Bylaws</b>	Paul F. Middlebrook	519 371-6824 519 372-6920	<a href="mailto:paulfm33@gmail.com">paulfm33@gmail.com</a>
<b>Commodore</b>	Michael Forcier	519 372-5960(M) 519 372 0722(W)	<a href="mailto:commodore@georgianyachtclub.com">commodore@georgianyachtclub.com</a>
<b>Communications</b>	Joseph Hardin	519 534-4197(M) 519 377-7941(M)	<a href="mailto:communications@georgianyachtclub.com">communications@georgianyachtclub.com</a>
<b>Finance</b>	Peter Struthers	519 881 6638(M)	<a href="mailto:treasurer@georgianyachtclub.com">treasurer@georgianyachtclub.com</a>
<b>Fuel Dock and Safety</b>	Murray Arnold	519 378-3833(M)	<a href="mailto:murrayarnold@hotmail.com">murrayarnold@hotmail.com</a>
<b>Historian</b>	Sarah Fenton	519 757-9774(M) 226 388-1195(M)	<a href="mailto:sarahfgyc@gmail.com">sarahfgyc@gmail.com</a>
<b>Launch and Haul Out</b>	Kurtis Mink	519 387-6465(M) 226 668-2828(M)	<a href="mailto:kurtismink@gmail.com">kurtismink@gmail.com</a>
<b>Membership</b>	Sarah Fenton	519 757-9774(M) 226 388-1195(M)	<a href="mailto:membership@georgianyachtclub.com">membership@georgianyachtclub.com</a>
<b>Mooring</b>	John Griffith	226 755-2956(M)	<a href="mailto:mooring@georgianyachtclub.com">mooring@georgianyachtclub.com</a>
<b>Permanent Nominating Committee</b>	Becky Middlebrook	519 371-6824(H) 519 379-4992(M)	<a href="mailto:j24ellamay@gmail.com">j24ellamay@gmail.com</a>
<b>Planning and Development</b>	Jason Lehtovaara	519 372-9910 519 386-2685	<a href="mailto:lehtovaara@bell.net">lehtovaara@bell.net</a>
<b>Privacy Officer</b>	Peter Struthers	519 881 6638(M)	<a href="mailto:treasurer@georgianyachtclub.com">treasurer@georgianyachtclub.com</a>
<b>Properties &amp; Building</b>	Menno Harmsen	226 668-5091(M) 226 668-5092(M)	<a href="mailto:mandmmainship@gmail.com">mandmmainship@gmail.com</a>
<b>Sailboat Racing</b>	Paul Weitendorf	519 270-6011(M)	<a href="mailto:paulweitendorf@outlook.com">paulweitendorf@outlook.com</a>
<b>Secretary/Vice Commodore</b>	Chris Haslam	226 668-8256	<a href="mailto:secretary@georgianyachtclub.com">secretary@georgianyachtclub.com</a>
<b>Security</b>	Steve Furness	519 379-3200	<a href="mailto:Steve.Furness@Grey.ca">Steve.Furness@Grey.ca</a>
<b>Social &amp; Clubhouse</b>	John Gilbert	519 901-2190(M) 519 881-2384(W)	<a href="mailto:social@georgianyachtclub.com">social@georgianyachtclub.com</a>
<b>Technology</b>	Paul King	647 295-7825(M)	<a href="mailto:paulwkingos@icloud.com">paulwkingos@icloud.com</a>
<b>Utilities</b>	Joe Fryer	519 371-6621 519 270-2624	<a href="mailto:joefryer47@gmail.com">joefryer47@gmail.com</a>
<b>White Cloud</b>	John Griffith	226 755-2956(M)	<a href="mailto:john.griffithmarine@gmail.com">john.griffithmarine@gmail.com</a>

The club also has the following, dedicated email addresses.

Email Address	Notes
<a href="mailto:boatinsurance@georgianyachtclub.com">boatinsurance@georgianyachtclub.com</a>	Send your boat's insurance certificate to this address. Or give the address to your broker. Most brokers will send the certificate each year when renewed.
<a href="mailto:invoicing@georgianyachtclub.com">invoicing@georgianyachtclub.com</a>	Invoices will be sent to you from this address. You will also use this when paying Membership Dues and Fees with an E-transfer payment.
<a href="mailto:webmaster@georgianyachtclub.com">webmaster@georgianyachtclub.com</a>	Use this email address for issues with logging on, problems with the web site , etc.



## GYC Calendar Summer 2024

Check the website calendar for updates!

<b>May 6</b>	7:00pm	Board of Directors' Meeting
<b>Jun 3</b>	7:00pm	Board of Directors' Meeting
<b>Jun 4</b>	8:00am	Summer management team Begins
<b>Jun 15</b>	1:00pm	<b>SAILPAST</b> Skippers Meeting
	1:30pm	Divine Service Sailpast
	2:00pm	Salute Sailpast
	5:30PM	DINNER
<b>Jun 16</b>	TBA	Race Sailpast time
<b>Aug 31 to Sep 2</b>		Commodore Away
<b>Sep 2</b>	7:00pm	Board of Directors' Meeting
<b>Sep 21</b>	5:00pm	Commodore at home dinner
<b>Oct 7</b>	7:00pm	Board of Directors' Meeting
<b>Oct 25</b>	10:30am	Large Crane Haulout- East spit(old fuel dock)
<b>Oct 26</b>	8:00am	HAULOUT 0800 start Small & Large cranes
<b>Oct 31</b>		MEMBERSHIP YEAR ENDS. Changes to membership & Dock Releases are DUE.